

Wellness Screening Schedule



**Olympia High-Middle School
Nurse's Office**

Thursday, February 11th
7:30 am - 11:30 am

2010

Methodist Wellmobile Heart Screening

Description: This screening includes a full electrocardiogram (EKG), which may detect abnormalities in the rhythm of the heart. These abnormalities may indicate an increased risk for heart attack or stroke. Cholesterol, blood pressure and spirometry are also included in this screening.

Requirements: An 8-12 hour fast is required for cholesterol and blood glucose portion of the screening. Participants must be able to remove their shirt for this screening. We recommend wearing a button down shirt. Appointment is required. Contact Teresa Schappaugh at extension 1127 to schedule an appointment

Cost: The cost of this screen is free to those enrolled in the Major Medical Portion of the Olympia Insurance Plan.

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