



A Subsidiary of
Health Alliance Medical Plans



DID YOU KNOW YOU HAVE WELLNESS COVERAGE?

What is the Olympia Health Benefit Plan Wellness Coverage?

The Olympia Health Benefit Plan Wellness Coverage provides for certain Routine Services every year for every member on the Olympia Health Benefit Plan. For those 16 and older, the Plan pays the first \$400 at no cost to you. That means nothing out of your pocket...nada...zero...zip. Once you reach the \$400, your Plan deductible will apply. For those birth to 15, the Plan covers the first \$200 at no cost to you. Once you reach the \$200, your Plan deductible will apply.

How do I know what is covered?

We, HCH and Olympia, understand that you are not the expert at knowing every nook and cranny of your health coverage. Here is the **short list** of the Routine Wellness items your Plan covers:

~**One Wellness Exam**, per member (no age limitations), per plan year when the service is billed with the primary diagnosis code for routine general medical examination: V70.0 for adults and V20.2 for children.

~**One visit to a Women's Principle Health Care Provider** per year, when the service is billed with the primary diagnosis code V72.31 for a gynecological exam.

~**Routine Mammograms**—frequency based the American Cancer Association (ACA) and the American Medical Association (AMA) guidelines. This is benefit does not come out of your \$400 Wellness coverage and, if routine, is paid at 100% for an in-network provider.

~**Well Child Care**—frequency based on American Association of Pediatricians (AAP) recommendations.

~**Routine Colonoscopy**—frequency based the American Cancer Association (ACA) and the American Medical Association (AMA) guidelines. This is benefit does not come out of your \$400 Wellness coverage and, if routine, is paid at 100% for an in-network provider.

~**Routine Hearing Exam for Ages 19 and Older**—This is benefit is in addition to your Wellness coverage and, if routine, is paid at 100%, after your \$20 co-payment, for an in-network provider.

What if I have questions?

Visit our website at www.hchadmin.com and log in as a member to view your plan Summary of Benefits. If your doctor bills an item that is not listed in the Summary of Benefits, it may not be covered under the wellness benefit.

You can also call us Monday-Friday from 8am to 5pm. Please see the number on the front and/or back of your member ID card.

What else should I know about the Wellness Benefit?

Remember, using in-network doctors and hospitals keeps your costs (and the Plan's costs) down. You will pay more (and the Plan will pay more) when you get care outside of the network.

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